

Magnesium Complex Item #4000 (rev.3)

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin B ₆ (Pyridoxine HCl)	10 mg	588%
Magnesium (Magnesium Oxide, Magnesium Chelate)	133.4 mg	32%
Manganese (Manganese Chelate)	5 mg	217%
Alfalfa (Leaves and Stems)	200 mg	†

† Daily Value Not Established

Other Ingredients: Food Glaze, Mono- and Diglycerides, Croscarmellose Sodium, Stearic Acid, Gum Arabic, Magnesium Stearate, Silicon Dioxide.